

The Online Chitty Chat

Edition One: Stop & Think!

Presented by The Online Safety Committee

Hi everyone. *Sticks and stones may break my bones, but words can never hurt me: NOT TRUE!* Sometimes the things our online "friends" write about us are downright hurtful. Mean words can make us feel angry, sad, or even scared, and cause us to write things that are equally hurtful. Often, we write things we later regret when our feelings are hurt. Before firing off that response stop and think.

Take deep breaths to calm down



Wait before writing back.



Reminder: When you're angry, your initial response might be hurtful. Stop before responding and follow the these helpful tips!

Distract yourself by focusing your energy elsewhere



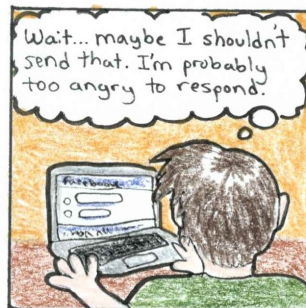
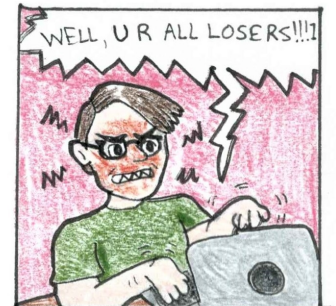
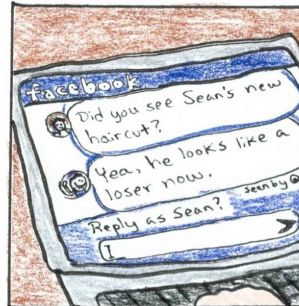
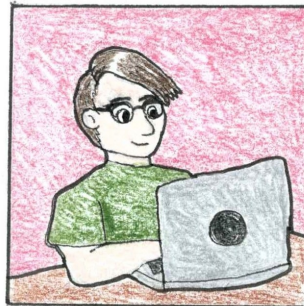
Use your support network



Remember: Sending hurtful messages to your peers often has consequences.

WWSD: What would Sean Do?

WWSD: what would Sean Do?



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Edition Two: Kind words are my kind of words

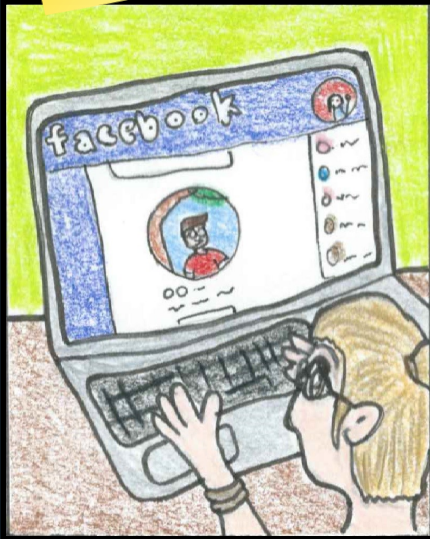
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Hi Everybody: Welcome back to The Online Chitty Chat!

Did you know teasing someone on the internet may seem fun, but it can hurt people when they read your comments? It can be easy to upset others on social media so next time you're thinking of poking fun at someone, stop and think... could you use kind words instead or should you keep scrolling?



WWLD: What Would Lauren Do?



The Online Chitty Chat

Edition Three: The Right Way to Write an Email

Presented by The Online Safety Committee

Hi Everybody: Welcome back to The Online Chitty Chat!

Sending and responding to emails can be tricky. Following the tips on this sheet can help ensure you are being a polite communication partner.

The Do's



Use the subject line to let readers know what the email is about

WRITE IN ALL UPPERCASE

Send blank emails

Greet your reader

Be polite and friendly

Forget who your reader is

Be patient and wait for a response

Send LOTS of repeat emails

Answer questions asked in prior emails

Make rude jokes or inappropriate comments

VS

The Don'ts



- Don't send another email until you hear back.



- Do use proper salutations.
- Check for spelling and grammar
- Do wait for a response.

AWS:
Adventures
with Sean